



Keeping Older Americans and People with Disabilities Safe and Healthy in Emergencies

Kathleen Otte, Regional Administrator
Administration for Community Living
January 13, 2014

The National Center for Health in the Aging

Main initiatives focus around the following:

- Establishing collaborations with national and state aging agencies
- Conducting needs assessments with health center programs and health center program look-a-likes to determine primary medical care service delivery needs among grantees that serve the elderly
- Providing an annual National Primary Care Symposium on Aging
- Offering remote, on-site, and one-on-one training and technical assistance and peer mentoring, and conducting a new HRSA BPHC grantee training and orientation call
- Developing protocols and tools
- Providing knowledge of health literacy and skills necessary to reading, understanding, and acting on basic health care information
- Facilitating outreach to seniors

Factors to consider in Community Preparedness Planning

- 78% of adults age 85 and over live in traditional community settings.
- About 80% of older adults have at least one chronic condition that makes them more vulnerable than healthy people during a disaster.
- Physiological, sensory, and cognitive changes experienced as part of aging result in older adults having special needs during emergencies.
- Disparities exist in emergency preparedness for older adults by socioeconomic status, and race/ethnicity.



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Disaster Preparedness: A Multi-Faceted Approach to Planning

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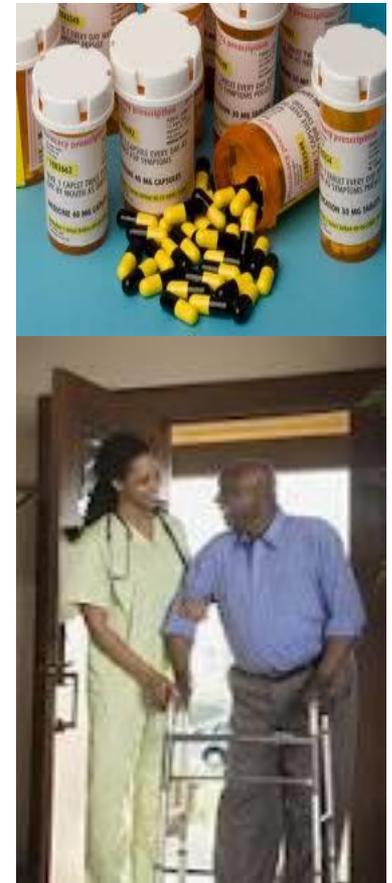
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Current U.S. Older Adult Population Health Realities

- **Approximately 50% of the 65+ older adult population have (2) or more chronic health problems which increase their vulnerability**
- **Many older adults may require critical or substantial health care services**
- **Many require 4-8 or more prescription over-the-counter drugs and rely on others for them**
- **42% of older adults have functional limitations and may need assistance**



Where and How Older Adults Live in the U.S. Continues to Change

- **More older adults live in their own homes within their communities than in nursing homes**
- **Many older adults living in communities have and require interdependent care-giving systems and/or arrangements**
- **The older adult housing trend continue to change as “Baby Boomers” turn 65**

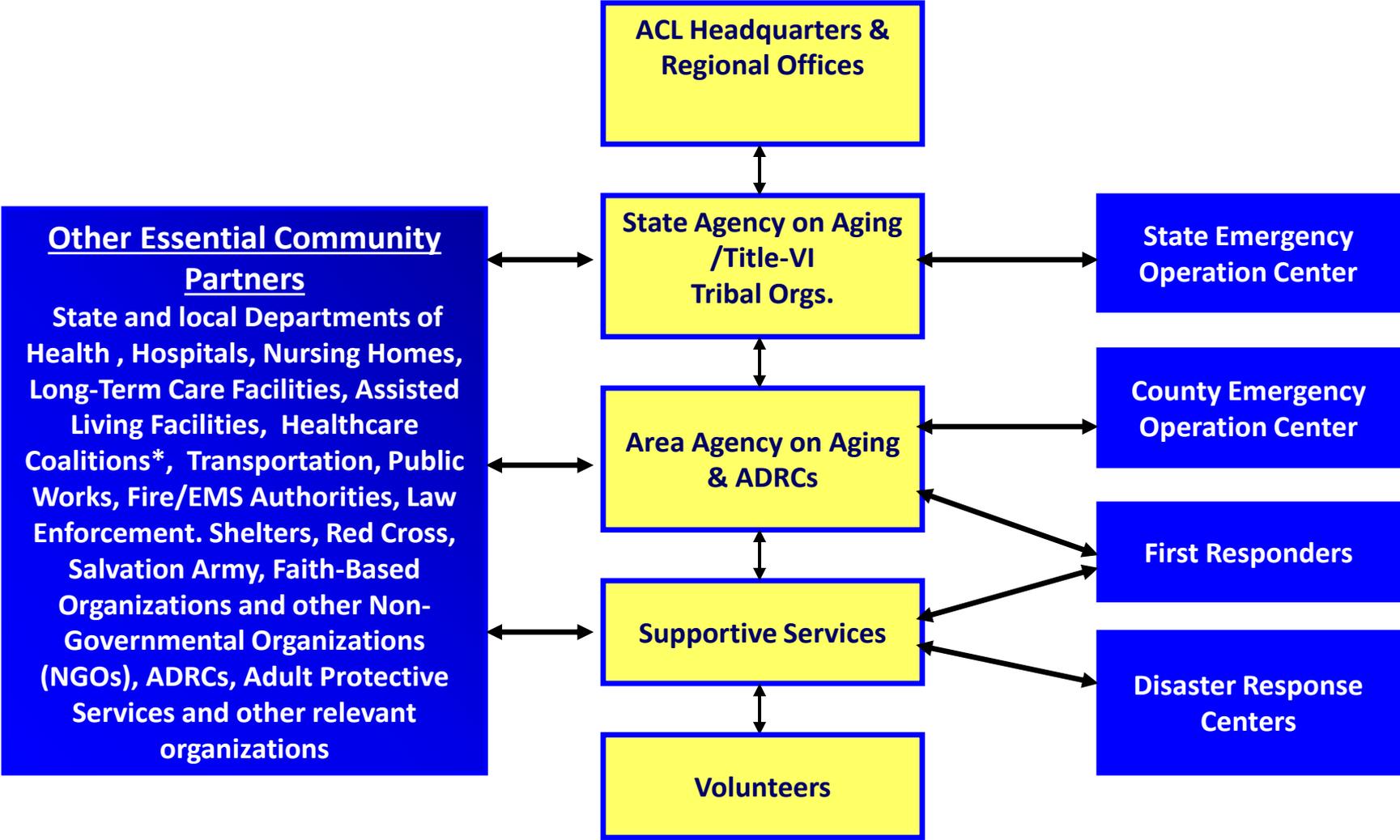


Disasters: What We Know

- **Disasters can happen at anytime, anywhere and vary in magnitude**
 - Presidential disaster declarations have happened in nearly every state and for some states several times (*e.g. hurricanes, floods, tornadoes, forest fires, etc.*)
- **Resilient individuals, facilities and communities result when a “whole of community” and “all hazards” preparedness and response approach is adopted**



Older Adult Preparedness and Response Essential Partnerships and Collaborations



Essential Building Blocks of Older Adult Disaster Preparedness Planning

- **Promote Individual and Caregiver Preparedness**
 - *“Preparedness begins at home and extends to the community”*
 - Cultivate awareness of preparedness tools (e.g. CMS checklists) to help individuals anticipate their needs and prepare and identify redundancies for assistance
- **Emergency Planning and Emergency Plans**
 - *“Community resource assumptions can result in critical response failures”*
 - Emergency planning and plans **MUST** be consistently reviewed, updated and must **include essential redundancies** (e.g. transportation, emergency power)
- **Establish and Foster Community and Regional Partnerships**
 - *“A disaster isn’t the time to be handing out business cards--Take a whole of community and all hazards approach to planning”*
 - Engage community partners and foster development of partnerships and healthcare coalitions to ensure emergency plan and response alignment and integration at all levels (e.g., facility, community, State/local agency)

Essential Building Blocks of Older Adult & People with Disabilities Preparedness Planning

- **Support and Participate in Preparedness Training**
 - *“Knowledge is power during a response”*
 - Require staff to know the critical role they fulfill as an individual and apart of a broader response team so they are empowered and ready to respond
- **Promote and Participate in Exercises at All Levels**
 - *“Cultivate success—practice—to be ready on game-day”*
 - Test the teams knowledge and ability to integrate during a response
 - Provides a platform for community partner feedback regarding planning gaps, best practices and other preparedness opportunities



Individual Preparedness: Latest Advances, Best Practices and Resources

- **Social Media Tools and Resources:**

- ASPR's bReddi and Project Lifeline Facebook Apps (*PHE.gov*)
- HHS Emergency Preparedness Resources Website/Widget (*PHE.gov*)
- FEMA Pledge to Prepare-Older Adults Website/Widget (*Ready.gov*)

- **Emergency Preparedness Checklist/Fact Sheet:**

- CMS Emergency Preparedness Checklist-Recommended Tool for Persons with Medical Needs Living Home, Family Guardians and Caregivers
- ACL National Family Caregiver Support Program-Just in Case Emergency Readiness for Older Adults and Caregivers
- CDC Emergency Preparedness and You Webpage

- **Disaster Hotline:**

- SAMHSA Disaster Distress Hotline (1-800-985-5990 or text "TalkWithUs" to 66746)



Facility Preparedness: Latest Advances, Best Practices and Resources

- **Social Media Tools and Resources:**
 - HHS Emergency Preparedness Resources Widget
 - US Public Health and Medical Services Support (YouTube)
- **Emergency Preparedness Checklist/Fact Sheet:**
 - CMS Emergency Preparedness Checklist--Recommended Tool for Effective Health Care Facility Planning
 - CMS Emergency Preparedness Checklist--Recommended Tool for Persons in LTC Facilities & Their Family Members, Friends, Personal Caregivers, Guardians & Long-Term Care Ombudsmen
 - CMS Survey and Certification All Hazards FAQs
- **Emergency Power Assessment Tools and Resources:**
 - U.S. Army Corps of Engineers (USACE) Emergency Power Facility Assessment Tool (EPFAT) and Informational Videos
 - ASPR Planning for Power Outages: A Guide for Hospitals and Healthcare Facilities



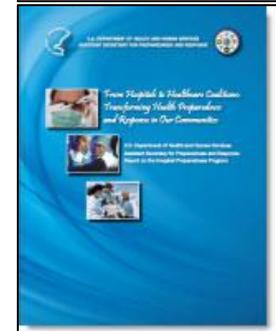
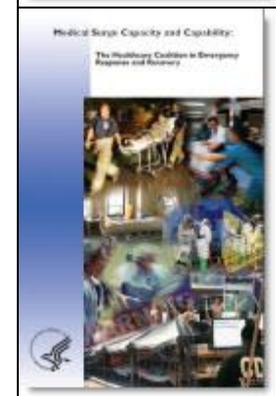
Community Preparedness: Latest Advances, Best Practices and Resources

- **Healthcare Coalition**

- “A collaborative network of healthcare organizations and their respective public and private sector response partners within a defined region” (ASPR Healthcare Preparedness Capabilities-National Guidance for Healthcare System Preparedness 2012)

- **Healthcare Coalition Best Practices:**

- Leverage operational expertise within a community
- Establish regional agreements to augment/share information and resources in public health emergencies and disasters
- Build upon existing tools, plans, exercises, and training to identify and address community preparedness gaps
- Integrate community assets and promote a “whole of community” incident command structure and response



Community Preparedness: Latest Advances, Best Practices and Resources

- **Social Media Tools and Resources:**

- CDC Emergency Preparedness For Older Adults Web Portal
- HHS Emergency Preparedness Resources Widget

- **Emergency Preparedness Guidance:**

- CDC Identifying Vulnerable Older Adults and Legal Options for Increasing their Protection During All-Hazards Emergencies: A Cross-Sector Guide for States and Communities
- CDC Emergency Preparedness for Older Adults Legal Information
- ASPR Healthcare Preparedness Capabilities-National Guidance for Healthcare System Preparedness
- National Health Security Strategy Implementation Plan (2012)
- CDC Public Health Preparedness Capabilities-National Standards for State and Local Planning

- **Emergency Response Resource for Shelters (ESF-6):**

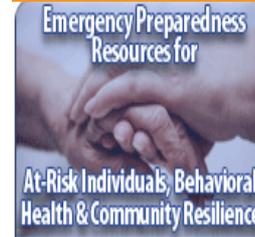
- FEMA Personal Assistance Services (PAS) Contract



Identifying Vulnerable Older Adults and Legal Options for Increasing Their Protection During All-Hazards Emergencies



A Cross-Sector Guide for States and Communities



Closing Summary

- Older adults & people with disabilities tend to be invisible in their communities, they instead **MUST** be advocated for in disaster planning and responses
- Disaster preparedness planning must consider the unique caregiver arrangements and functional needs of older adults & people with disabilities.
- Successful disaster planning and responses require a “whole of community approach” that prioritizes communication, collaboration and accurate and timely information



Useful Resources and Web Links

Social Media Tools and Web Portal Resources :

- CDC Emergency Preparedness For Older Adults Web Portal <http://www.cdc.gov/aging/emergency/>
- CDC Emergency Preparedness and You Website: <http://emergency.cdc.gov/preparedness/>
- ASPR bReddi and Project: Lifeline Facebook Apps: <http://www.phe.gov/lifeline/Pages/default.aspx>
- HHS Emergency Preparedness Widget: www.PHE.gov /<http://www.phe.gov/Preparedness/planning/abc/Pages/default.aspx>
- SAMHSA Disaster Distress Hotline: <http://www.disasterdistress.samhsa.gov/>
- US Public Health and Medical Services Support (YouTube): http://www.youtube.com/user/phegov?feature=results_main

Emergency Preparedness Checklists/Fact Sheets/Resources:

- CMS Emergency Preparedness Checklist-Recommended Tool for Persons with Medical Needs Living Home, Family Guardians and Caregivers: http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertEmergPrep/Downloads/SandC_EPChecklist_PersonsMedicalNeedsLivingatHome.pdf
- CMS Emergency Preparedness Checklist--Recommended Tool for Effective Health Care Facility Planning http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertEmergPrep/Downloads/SandC_EPChecklist_Provider.pdf
- CMS Emergency Preparedness Checklist--Recommended Tool for Persons in LTC Facilities & Their Family Members, Friends, Personal Caregivers, Guardians & Long-Term Care Ombudsmen http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertEmergPrep/Downloads/SandC_EPChecklist_Persons_LTCFacilities_Ombudsmen.pdf

Useful Resources and Web Links *(continued)*

Emergency Preparedness Checklists/Fact Sheets/Resources (Cont.):

- Health Care Provider Voluntary After Action Report/Improvement Plan Template and Instructions: <http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertEmergPrep/Downloads/aartemplateinstructions.zip>
- CMS Survey and Certification All Hazards FAQs <http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertEmergPrep/Downloads/AllHazardsFAQs.pdf>
- US Army Corps of Engineers Emergency Power Assessment Tool (EPFAT): <http://epfat.swf.usace.army.mil/> FAQs: <http://eportal.usace.army.mil/sites/ENGLink/EmergencyPower/Shared%20Documents/Emergency%20Power%20Facility%20Assessment%20Tool%20Fact%20Sheet%2030%20May%202012.pdf> or YouTube: <http://www.youtube.com/watch?v=kq2CaSSRYV8>

Emergency Preparedness Guidance:

- CDC Identifying Vulnerable Older Adults and Legal Options for Increasing their Protection During All-Hazards Emergencies: A Cross-Sector Guide for States and Communities http://www.cdc.gov/aging/emergency/planning_tools/guide.htm or <http://www.cdc.gov/aging/emergency/pdf/guide.pdf>
- CDC Emergency Preparedness for Older Adults Legal Information <http://www.cdc.gov/aging/emergency/legal/index.htm>
- ACL National Family Caregiver Support Program-Emergency Readiness for Older Adults and Caregivers: http://www.aoa.gov/AoARoot/AoA_Programs/HCLTC/Caregiver/docs/Just_in_Case030706_links.pdf
- “Healthcare Preparedness Capabilities: National Guidance for Healthcare System Preparedness”, Office of the Assistant Secretary for Preparedness and Response (ASPR), Hospital Preparedness Program (HPP), January 2012, <http://www.phe.gov/Preparedness/planning/hpp/reports/Documents/capabilities.pdf>

Useful Resources and Web Links *(continued)*

Emergency Preparedness Guidance (cont.):

- CDC Public Health Preparedness Capabilities-National Standards for State and Local Planning , 2011, [http://www.cdc.gov/phpr/capabilities/DSLRCapabilities July.pdf](http://www.cdc.gov/phpr/capabilities/DSLRCapabilitiesJuly.pdf)
- “National Health Security Strategy Implementation Plan “, U.S. Department of Health and Human Services, May 2012, <http://www.phe.gov/Preparedness/planning/authority/nhss/ip/Documents/nhss-ip.pdf>
- “Medical Surge Capacity and Capability (MSCC) Handbook, The Healthcare Coalition in Emergency Response and Recovery”, U.S. Department of Health and Human Services, Contract No. HHSP23320064154EB, May 2009, <http://www.phe.gov/Preparedness/planning/mscc/Documents/mscctier2jan2010.pdf>

Q&A

- If you would like to ask the presenter a question please submit it through the questions box on your control panel
- If you are dialed in through your telephone and would like to verbally ask the presenter a question, use the “raise hand” icon on your control panel and your line will be unmuted.

Resources

- [Preparedness for Older Adults & Their Caregivers](#)
- [Emergency Readiness for Older Adults and Caregivers](#)
- [CDC's Disaster Planning Goal: Protect Vulnerable Older Adults](#)
- [Emergency Preparedness for Vulnerable Populations: People with Special Health-care Needs](#)

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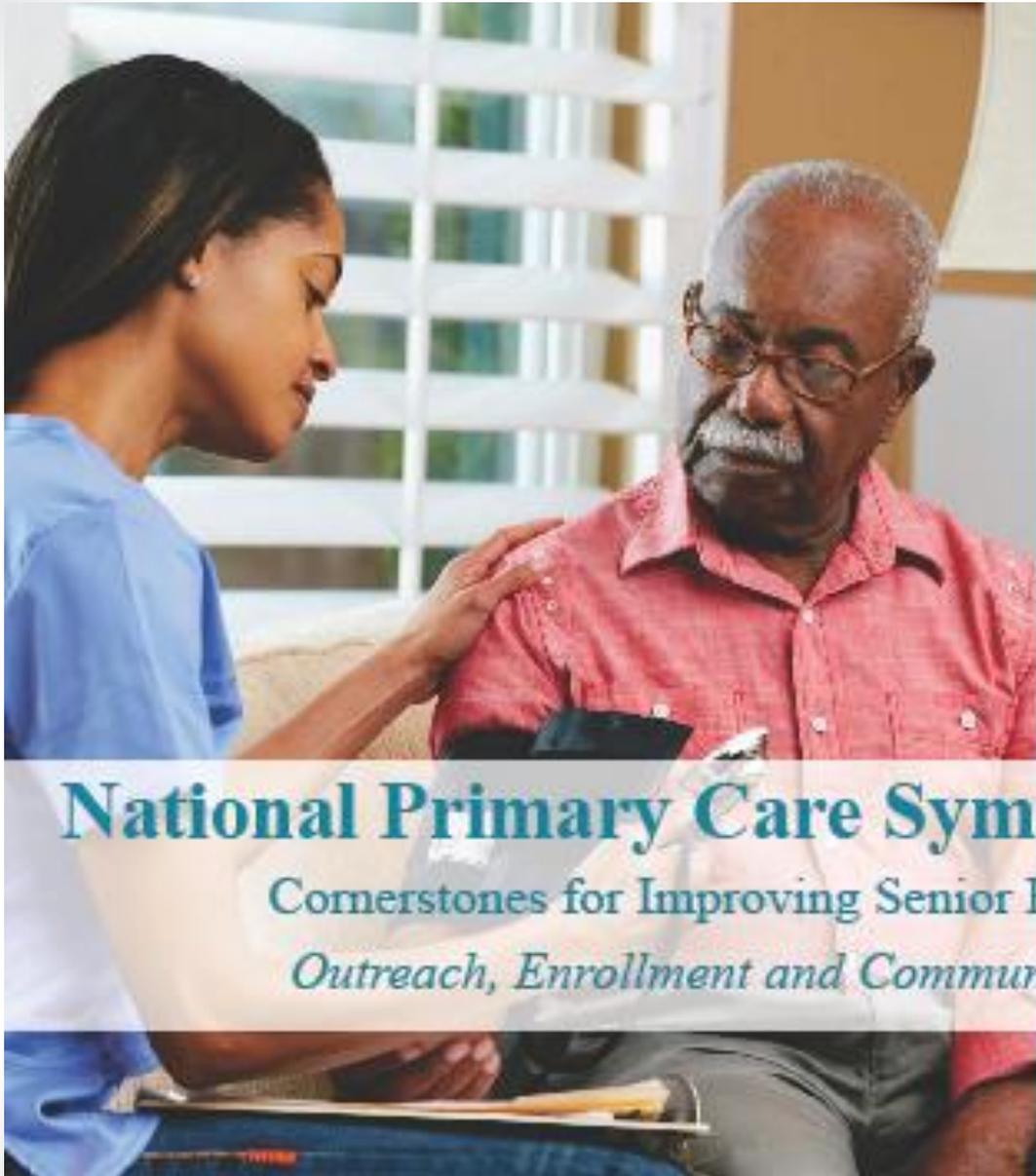
• [One-on-One](#)

The screenshot shows the homepage of the National Center for Health and the Aging. At the top, the title "The National Center for Health and the Aging" is displayed next to a search bar. Below the title is a navigation menu with links for Home, About Us, Clinical Care, Technical Assistance, Resource Center, Partners, Events, Webinars, and Contact Us. A row of five portrait photos of diverse older adults is shown, each with a label below: Training, Resources, Health Centers, Library, and Publications. The main content area features a "WELCOME" section with introductory text about the center's mission and a "Recent Events" section with a globe icon and a link to "The 1st Annual National Primary Care Conference on Aging". On the right side, there is a "Join our Mailing List" button and a list of services including Advocacy and Policy, EHR/HIT/IT, Funding Opportunity Alerts, Health Center Program Requirements, HRSA Updates, Key Issues, Outreach and Enrollment, Patient Centered Medical Home, Regional Support Centers, Understanding ACOs, and Understanding Medicare. At the bottom right, there is an "HRSA UPDATES" section with a link to "Eliminate Grant Opportunity January 07, 2011".

Join our mailing list and receive:

- HRSA Updates
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Save the Date
6.9.2014
Alexandria, Virginia

National Primary Care Symposium on Aging

Cornerstones for Improving Senior Health Outcomes:
Outreach, Enrollment and Community Partnerships

DETAILS TO FOLLOW

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